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PLAB — Free Sample Questions

Real PLAB practice questions with answers and explanations — no sign-up required.

SAMPLE QUESTION 1

In newly diagnosed rheumatoid arthritis, what is the most appropriate initial disease-modifying treatment? Which treatment should be started early?

- A. NSAIDs only
- B. Methotrexate — Correct answer**
- C. Oral opioids
- D. Long-term steroids alone
- E. Paracetamol only

EXPLANATION

Early initiation of methotrexate improves long-term outcomes and prevents joint damage.

SAMPLE QUESTION 2

A 72-year-old woman falls at home and presents with severe hip pain. Her leg is shortened and externally rotated. She is unable to weight bear.

What is the most likely diagnosis?

- A. Pubic ramus fracture
- B. Intertrochanteric femoral fracture
- C. Neck of femur fracture — Correct answer**
- D. Hip dislocation
- E. Acetabular fracture

EXPLANATION

Shortened externally rotated leg after a fall in an elderly patient is classic for a fractured neck of femur.

SAMPLE QUESTION 3

A patient with AF has a ventricular rate of 160 bpm but is haemodynamically stable.

What is the most appropriate initial rate-control agent?

- A. Digoxin
- B. IV amiodarone
- C. Beta-blocker — Correct answer**
- D. Adenosine
- E. Flecainide

EXPLANATION

Beta-blockers are first-line for rate control in stable AF unless contraindicated.

SAMPLE QUESTION 4

A patient with Bell palsy presents within 48 hours of onset.

What is the most appropriate treatment?

- A. No treatment
- B. Oral corticosteroids — Correct answer**
- C. Antibiotics

- D. Surgery
- E. Antivirals only

EXPLANATION

Early corticosteroids improve recovery in Bell palsy.

SAMPLE QUESTION 5

A patient with CAP has a CURB-65 score of 3.

What is the most appropriate management?

- A. Oral antibiotics at home
- B. IV antibiotics in hospital — Correct answer**
- C. No antibiotics
- D. Outpatient review
- E. Reassure only

EXPLANATION

CURB-65 score "e3 indicates severe pneumonia requiring hospital admission.

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